



Burlington Seniors' Advisory Committee Meeting  
Agenda

**Date:** May 25, 2026  
**Time:** 10:00 am  
**Location:** Room 247, City Hall, second floor

Pages

**1. Land Acknowledgement**

Burlington as we know it today is rich in history and modern traditions of many First Nations and the Métis. From the Anishinaabeg to the Haudenosaunee and the Métis – our lands spanning from Lake Ontario to the Niagara Escarpment are steeped in Indigenous history.

The territory is mutually covered by the Dish with One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy, the Ojibway, and other allied Nations to peaceably share and care for the resources around the Great Lakes.

We acknowledge that the land on which we gather is part of the Treaty Lands and Territory of the Mississaugas of the Credit.

**2. Declarations of Interest:**

**3. Approval of Minutes:**

Approve the following Burlington Seniors Advisory Committee meeting minutes:

3.1 Burlington Senior's Advisory Committee meeting minutes of April 27, 2026

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**4. Delegation(s):**

4.1 Nicole Conner from the Burlington Ontario Health Team

**5. Regular Items:**

5.1 Chair Updates (Bob)

5.2 Staff Liaison Updates: Nazia White (Manager of Adult Recreation Services)

5.3 Burlington Public Library (Meg)

5.4 Burlington Integrated Transportation Advisory Committee (Pinki)

5.5 Burlington Accessibility Advisory Committee (BAAC) (Jill)

5.6 Older Adult Advisory Committee - Halton, (Kerry)

**6. Other Business:**

6.1 Ontario Council of Aging Network - Burlington representation (Nazia White)

**7. Adjournment:**



## **Burlington Seniors' Advisory Committee Meeting**

### **Minutes**

Date: April 27, 2026  
Time: 10:00 am  
Location: Room 247, City Hall, second floor

#### **1. Members Present**

Bob Chepyha (Chair), Kerry McGregor, Meg Uttangi Matsos, Catherine Evans, Patricia Robinson, Ron Earl Tansley and Jill Randall

#### **2. Member Regrets**

Pinki Virani, Councillor Bentivegna

#### **3. Others Present**

Debbie Hordyk, Clerk

#### **4. Land Acknowledgement**

#### **5. Declarations of Interest:**

None

#### **6. Approval of Minutes:**

Approve the following Burlington Seniors Advisory Committee meeting minutes:

6.1 Burlington Seniors Advisory Committee meeting minutes of March 23, 2026

#### **7. Delegation(s):**

7.1 Meg De Forest: Outreach and Inclusion Manager, Burlington Public Library

Meg provided information regarding the Burlington Public Library Inclusion and Outreach Framework. It is guided by the 2026-2027 Strategic Plan. The Framework will assist in building strong relationships in the Community.

A Multiyear (2026-2029) Accessibility Plan is posted on the Library website.

An accessible reading project is underway with a focus on continuous improvement to determine who has access to the library to ensure access is equitable and inclusive. What are the biggest barriers?

**8. Regular Items:**

8.1 Chair Updates (Bob)

Bob is working with Nazia to explore options to hold the Senior Living Fair in North Burlington on a rotational basis or hold the event in both North and South locations at the same time.

8.2 Staff Liaison Updates: Nazia White (Manager of Adult Recreation Services)

The "Links to Well Being Grant" has been approved. This will assist with the Social Prescribing project.

Nazia, Sara & Marissa presented regarding the NORC/Ambassador program. The slide deck will be used to share information regarding the NORC/Ambassador program. Any feedback regarding the slide deck can be forwarded to Debbie.

Volunteers are needed to connect with NORC buildings.

8.3 Burlington Public Library (Meg)

Brant Hills Library will be closed for the month of June. Kilbride Library will be closed June 28-September 7

8.4 Burlington Integrated Transportation Advisory Committee (Pinki)

No update

8.5 Burlington Accessibility Advisory Committee (BAAC) (Jill)

National AccessAbility Week kicks off May 31, 2026. Information attached.

BAAC delegated at Committee of the Whole regarding the draft Housing Community Improvement Plan Amendment to bring ideas forward on how it can correlate with Aging in Place. Council were receptive of the ideas brought forward.

8.6 Older Adult Advisory Committee - Halton, (Kerry)

Kerry is connecting with the Burlington/Health Ontario committee to speak at a BSAC meeting.

BSAC attended Ward 3 Councillor Nisan's Town Hall which was held in a building that is considered a Natural Occurring Residential Community. The session was well attended. Residents in the building were interested in hearing updates from Councillor Nisan and learning more about the NORC Ambassador program. Some people were initially a little hesitant to participate, but members were able to further explain the opportunities and discuss that we are looking for a roster of people to help, not just one individual. BSAC handed out the medical capsules which were a big hit. Next steps are to follow up to confirm the Ambassadors. Kerry will continue checking in and providing support.

**9. Other Business:**

9.1 Food for Feedback

Food for Feedback is September 13, 2026, connect with Bob to volunteer at the event. BSAC and NORC will share a table.

9.2 Civic Recognition Selection Committee

Catherine participated on the committee and noted that it is important for BSAC to be on the selection team. It was a good experience.

**10. Adjournment:**

Chair adjourned the meeting at 11:14 a.m.