



## **Burlington Seniors' Advisory Committee Meeting**

### **Minutes**

Date: January 19, 2026  
Time: 10:00 am  
Location: Room 307, Level 3, City Hall

**1. Members Present:**

Bob Chepyha (Chair), Kerry McGregor (Vice-Chair, OAAC), Pinki Virani, Catherine Evans, Jill Randall, and Meg Uttangi Matsos (Burlington Public Library)

**2. Others Present:**

Lucy Nixon (Observer) Nazia White (Manager, Adult Recreation Services), Debbie Hordyk (Clerk)

**3. Land Acknowledgement**

**4. Declarations of Interest:**

None

**5. Approval of Minutes:**

Approve the Burlington Seniors Advisory Committee meeting minutes of November 18, 2025

Moved By Catherine Evans

CARRIED

**6. Delegation(s):**

**6.1 Partnering Aldershot Seniors**

Judith Genis, Connie Price and Karen Phelps provided a presentation providing background on the beginnings of the Partnering Aldershot Seniors program.

The program began as a pilot partnering with the City of Burlington to make Senior programming available in the Aldershot community, utilizing City facilities such as Aldershot pool.

BSAC will connect with the Partnering Aldershot Seniors volunteers to discuss and provide ideas to help get this type of program into NORC buildings.

BSAC is interested in establishing this type of group in North Burlington.

## **7. Regular Items:**

### **7.1 Chair Updates (Bob)**

BSAC is invited to attend the City Council meeting on January 27, 2026 as the City is receiving the Age Friendly Community Award from the Ontario government.

The Senior Living Fair is on February 7, 2026, let Bob know if you are able to attend.

### **7.2 Staff Liaison Updates: Nazia White (Manager of Adult Recreation Services)**

BSAC expressed concerns around parking for the Seniors Active Living fair. Nazia will look into the possibility of having a parking patrol person onsite.

Spring Registration coming soon – doubling up gym spaces for pickleball.

Nazia is waiting on a response to the application submitted for the Ontario Seniors Grant – the grant will be useful in assisting to get programs set up in the North for seniors.

Staff have put together a list of NORC buildings in the community. Will discuss further at the next meeting.

### **7.3 Burlington Public Library (Meg)**

BPL received a grant from the Burlington Community Foundation to support the pilot BPL Social Connection Project, which seeks to engage community members in opportunities to create social connection through interactive shared experiences at select Burlington library branches.

BPL is partnering with Western and University of Toronto to bring a co-op student on board to help facilitate the program.

The Tech connect program will start another 4 week one on one session at Central library. Volunteers are needed.

BPL launched a digitized historical community photo collection. Currently looking to the community to share photos of past Santa Clause parades.

The City of Burlington outdoor play lending library has been moved to the Alton library branch. Items such as snow shoes, giant connect four games etc. are available for rent by using your library card.

7.4 Burlington Integrated Transportation Advisory Committee (Pinki)

There is concern regarding the centennial trail and e-scooters - how do police monitor this trail?

Who is accountable regarding the reporting of collisions/injuries who/how are they reported to the Ministry of Transportation. These concerns have been brought to the attention of ITAC (cycling) committee.

Many municipalities have taken the regulations provided by the province regarding safety and liabilities into consideration to build policies around e-mobility devices.

7.5 Burlington Accessibility Advisory Committee (BAAC) (Jill)

BAAC has reviewed the zoning by-law to assist with recommendations to improve accessibility. Staff are taking these into consideration while preparing an updated zoning by-law that will be going to council for approval.

7.6 Older Adult Advisory Committee - Halton, (Kerry)

Kerry suggested having the Halton Regional Police come to BSAC to provide a presentation regarding older adult interests.

**8. Other Business:**

8.1 Delivery and Other Privatised Motorised Micro-mobility Devices

There is discussion and concern regarding the safety and regulation of micro mobility devices (beyond the L's)

Centennial trail connects to roads and sidewalks. There is no accountability for micro mobility devices. How would police services monitor the trail?

The committee voted to strike up a combined working group with ITAC. The working group will bring forward concerns regarding regulation and accountability of these micro mobility devices, with suggestions to ensure they are on the same playing field as other mobility scooters. Other

Municipalities are establishing regulations to include all micro mobility devices.

Pinki will connect with ITAC at the next meeting to garner interest in a combined working group.

8.2 Seniors Active Living Fair - February 7 - 10:00 a.m.-2:00 p.m.

8.3 Support for BAAC Downtown Parking Accessibility Recommendations

BSAC supports the recommendations made by ITAC regarding Downtown Parking.

Staff are actioning the recommendations.

8.4 NORC Ambassador Program

Posters are ready, Kerry/Pat will work with the NORC building to get posters up to get an ambassador in place.

Kerry and Connie will connect to share ideas and connections.

**9. Adjournment:**

Chair adjourned the meeting at 11:45 a.m.