



Burlington Seniors' Advisory Committee Meeting

Minutes

Date: September 29, 2025
Time: 10:00 am
Location: Room 247, City Hall, second floor

1. Land Acknowledgement

2. Declarations of Interest:

None

3. Approval of Minutes:

3.1 Approve the Burlington Seniors' Advisory Committee meeting minutes of May 26, 2025

Moved by Catherine Evans

CARRIED

4. Delegation(s):

4.1 Sarah Phillips, Manager of Housing Strategy will speak regarding seniors' housing.

This item was moved to the October 27, 2025 BSAC meeting

5. Regular Items:

5.1 Chair Updates

a. Food 4 Feedback Event

Bob noted that the event was well attended. Results of the survey questions will be submitted with the year end report to Council.

Nazia noted that there is a need to bring more awareness to the community regarding Senior programming.

b. Outreach at Naturally Occurring Retirement Community

Catherine provided an overview of the survey results from the outreach at the NORC building that was visited in September. Tenants were very receptive and appreciative of Burlington Seniors Advisory Committee visit. The musical performance was appreciated by those who attended.

Catherine noted that it is important to establish continued connections within the Natural Occurring Residential Community (NORC) buildings that are visited. Pat will work with Kerry to establish a connection.

Kerry will provide the committee with NORC mapping.

Burlington Seniors Advisory Committee is planning to secure another date for the next outreach.

5.2 Staff Liaison Updates: Nazia White (Manager of Adult Recreation Services)

Skyway Grand Opening (September 20, 2025)

- Successful event with strong attendance from older adults. Programs were highlighted and details about the indoor track were shared.

Future Focus Forum (F4F)

- A major theme identified was the lack of awareness about direct delivered and community development programming. The committee is invited to provide ideas on how to improve outreach and engagement.

National Seniors Day (October 1, 2025)

- Curated free programming will be offered across the city, with a focus on reaching all neighborhoods, both north and south.
- In the past two years, free classes were offered, but no unique user data was tracked.
- This year, efforts will focus on specific programs with a strong emphasis on linking social programs with wellness.

5.3 Burlington Public Library (Meg)

A new Library branch opened up at Appleby Line and New St. The Library is looking to collaborate with Brock University to share resources at this location.

A 6 week hands on workshop for older adults is being held regarding technology at Central Library. The program will be expanded out to other locations in the future.

The Burlington Post newspaper from the years 1968-1980 has been digitized. It is free for the public to view.

5.4 Burlington Integrated Transportation Advisory Committee (Pinki)

No Update

5.5 Burlington Accessibility Advisory Committee (BAAC) (Jill)

BAAC will use the Food for Feedback event to inform the 2025/26 work plan. Participating residents prioritized accessibility of sidewalks, crosswalks, pedestrian signals and accessibility of outdoor spaces as key opportunities for improvement.

As was also heard through BSAC surveying, there was strong feed back received regarding the need for accessible public spaces for older adults such as trails, paths, shade structures and benches. BAAC members will be meeting with City staff to embed accessibility best practices in to bylaw and zoning regulations.

5.6 Older Adult Advisory Committee - Halton, (Kerry)

Presentation from Canadian Mental Health Association (CMHA) Halton Crisis Services

Caregiver 101 event / presentation on September 18th with Acclaim Health

- The Oakville Seniors Working Action Group and Halton Age Friendly Network cohosted a Caregiver 101 event/presentation.

Hillview Active Living 50+ Seniors Centre Open House

- The Hillview Active Living 50+ Seniors Centre hosted an open house from September 22 to 26

6. Other Business:

7. Adjournment:

Chair adjourned the meeting at 11:00 a.m.