



Burlington Seniors' Advisory Committee Meeting

Minutes

Date: April 29, 2024
Time: 10:00 am
Location: Hybrid Meeting - Virtual and Room 305

Others Present: Mallory Greenough

1. Members Present:

John Kalbfleisch (Chair), Kerry McGregor (Vice Chair), Yaya de Andrade, Margaret Doma, Bob Chepyha, Steve Shuta, Meg Uttangi Mastos, Marilyn Baker

2. Member Regrets:

Jill Randall

3. Others Present:

Jon Joyce, Project Manager of MBTW, Becky Ellis, City of Burlington Engineering Services, Sheila Boudreau, Julia van der Laan de Vries and Gwen Lane from Spruce Lab. Councillor Bentivegna, Nazia White (RCC), Mallory Greenough (Clerks)

4. Land Acknowledgement

5. Declarations of Interest:

None.

6. Approval of Minutes:

Minutes from the meeting held March 25, 2024, were approved.

7. Delegation(s):

None.

8. Regular Items:

8.1 Burlington Civic Square/Brant St. Renewal Project update

Jon Joyce, Project Manager of MBTW Group provided a presentation to the committee, providing a project update.

- A discussion on the project that included feedback and ideas on next steps took place. There are three project design concepts
- The committee provided feedback on the tiling and shared place making ideas
- There will be a report going to the May Committee of the Whole meeting, providing an update to members of council and staff

8.2 Chair Update

John provided updates to the committee:

- Connection in Action: unfortunately Regional funding is only available until June at which time they will hopefully be able to continue via alternative funding. The information and community participation is very worthwhile to the community.
- John and Yaya attended Connection in Action volunteer meeting at Acclaim Health. The goal of this group is to go out to seniors who feel isolated.
- If you do volunteer for a group such as CIA or Acclaim Health, please do so as a private citizen and not on behalf of BSAC
- Marilyn provided an update on the safety forum that was held at the Art Gallery in Ward 2. Marilyn suggested to the organizer to consider having a table at the Seniors Centre. Great giveaways included a bracelet that could be worn on the ankle that lights up for evening walks. Very informative, 15 different groups represented.
- This Saturday is a BFAST (Burlington for Accessible Sustainable Travel) meeting – TOPIC: Speaking for Better Transit. The Forum will be held in the Centennial Room at Burlington Central Library, May 4th, 2024. Doors open 12.30 pm; with the Forum Starting at 1.00 pm.

8.3 Staff Liaison Update

Nazia provided an update to the committee:

1. Summer Registration - May 4th
 - Past 3 season day of BYOD - what I personally saw for our 75 plus group was it was not that they didn't know how to register or use their

ipads or phones, it was understanding the nuances when signing up for more than one course.

- Created a new course/workshop pilot that will help create habits, rather than one time per season.

2. “Registration Information Session” in the week prior to launch day for those who are not as tech-savvy

Need help navigating how to register for an online course for the City of Burlington?

For those looking for assistance before registration day (May 4), we have created a free session where you bring your electronic devices and have a staff member help you navigate the registration process, so you are all ready for May 4th to do it on your own. Two sessions are available at the Burlington Seniors’ Centre: April 30, 2:30 to 4 p.m. and May 2, 9:30 to 11 a.m.

Residents can register by calling 905-335-7738. For those with family or friends assisting, registration is also available online at burlington.ca/registration.

- Social Media posts to promote awareness of this opportunity.
- Further promotion will be done through:
- Asking Instructors to share posters/flyers with their participants.
- Signs on tables in Bistro
- Emailing volunteers to ask them to spread through word of mouth.
- FREE - want to ensure we are removing as much barriers as we can
- In the future perhaps this would be a great multi gen program for our youth to lead, getting their 40 hours - still in the works.
- Please let your network know for those that

3. Volunteers Appreciation Night

- Very successful night
- Theme: Every Moment Matters - our volunteers are really the magic of BSC and hopefully we can one day expand this magic at other centres
- We are hoping to build back our volunteer base by the end of the year.

4. Live and Play Guide -really great in highlighting the expansion of senior spaces, multi gen spaces.

5. June – Seniors month

- Having a Senior Services Resource/Information fair. community partners that have supported BSC post covid
- Have 3-4 free active or leisure programs per week for community members to try

6. Burlington is back on the mark with OACAO - hosting with Town of Oakville a free workshop May 14th

- Will send out invite through Mallory and John

7. LITE Education with Connection in action
 - Connection in action Specialist Shahzi last meeting give a great presentation Halton Region Older Adult Leaders.
 - BSC joined with CIA to provide LITE Education on May 15th - limited spots please let me know if you would like to participate.
8. Fee assistance - pulled reports and working on revamping that up, please put the word out there that this is available.
9. Social Isolation has been a big bucket that we have been going strong as per the DDSR
 - Creating many social pilot programs this year
 - Trivia in late 2023 started with 7 and now 50-60
 - Cream Tea averaging 50, Winter 2023 was 20
 - Lunch programs are steady and continue to grow and connect creating a beautiful community.
 - Sara Parker and Maddy Patterson are the Social Unit leads and working very hard to bring more to fruition.
10. Staffing - opened up our application process - not many specialized, so we have opened up till May 30th
11. Looking for anyone that would be interested in joining sharing energy for: pickleball, arts, music, sports, euchre and bridge.
12. Joining with Fire department - Community Emergency Management Specialist and CEMC
 - Emergency preparedness course - May 7th 10am

8.4 Advisory Committee / Stakeholder Updates

a. Burlington Public Library (BPL)

Meg provided an update to the committee:

- [Seed Library is Open!](#) – The idea behind Seed Library is for residents to have a total growing cycle experience - from sowing and growing to harvesting and seed saving. Seed Library provides "try-it" sample packages of plant seeds specifically selected with easy seed harvesting in mind.
- [Write Here Write Now](#) – BPL's annual writing contest will be open May 1-31. The theme for 2024 is "Journeys of Discovery"[Accessible Library Show and Tell Drop-in](#) – May 27, 2-4pm at BPL Central Library.[Adult Program Guide – May 2024](#)[Kids & Teens Program Guide – May 2024](#)

b. Burlington Integrated Transportation Advisory Committee (ITAC)

Steve provided an update to the committee:

- Update on electric mobility strategies
- More separated bike lanes, however there is a limited budget
- Ebikes and scooters are not allowed on multi use trails
- Transit ridership is growing, looking to change the schedules to accommodate
- Ebike charging stations are being added
- Grid capacity is a concern, more reviews will be provided and looked into

c. Burlington Accessibility Advisory Committee (BAAC)

John provided an update to the committee on behalf of Jill:

Civic Square Renewal Project:

- Project is still in the engagement and design development stage
- Committee reviewed the key themes heard through engagement strategy and how they informed key program elements
- Three concept plans were presented and feedback was obtained
- Consultants expect that preferred concept is likely an amalgamation of the three options which will then be taken back out for consultation

d. Older Adult Advisory Committee (OAAC) - Halton

John provided an update to the committee on behalf of Jill:

Halton Elder Abuse Prevention Network Presentation

- Attached is the presentation delivered by members of the Halton Elder Abuse Prevention Network at April's meeting.
- I would encourage committee members to review the attachment. It contains sobering information regarding Elder Abuse in Halton

Community in Action Events – May 22 and May 28

- CIA event on May 22
 - From 10 a.m. to 1 p.m.
 - Knox Presbyterian Church (170 Main St E, Milton)
 - Register online via: <https://connectioninaction.ca/may-22-registration-form/>
 - Or call (365) 999-2948 or email hello@connectioninaction.ca
 - CIA event on May 28
 - From 10 a.m. to 1 p.m.
 - Oakville Public Library, Central Branch (120 Navy Street, Oakville)
 - Register online via: <https://connectioninaction.ca/may-28-registration-form/>
 - Or call (365) 999-2948 or email hello@connectioninaction.ca
- e. Burlington Inclusivity Advisory Committee (BIAC)
- Yaya provided an update through email to the committee:
- Events to acknowledge diversity of the city of Burlington
 - Canada day will have drones as opposed to fireworks
 - Awareness of language used in statements i.e. "unhoused" (as opposed to homeless) given that someone may consider their home wherever they live (car, tent)
 - Consider using newcomers as opposed to refugees/ displaced
 - Review Webpage of the city and promotions
 - Meetings were scheduled for Fridays

9. Other Business:

9.1 Conversation regarding the harm of gas-powered leaf blowers

- The committee discussed the concerns surrounding gas-powered leaf blowers, including noise and air pollution and the environmental and health impacts.

- Councillor Bentivegna suggested that the committee have a staff member from the By-law department come to discuss how by-laws are created and enforced, and if it would be possible for there to be a ban or limitations put forth.
- Further research will be conducted

10. Adjournment:

Chair adjourned the meeting at 11:49 a.m.