



Burlington Seniors' Advisory Committee Meeting

Minutes

Date: February 26, 2024
Time: 10:00 am
Location: Hybrid Meeting - Virtual and Room 305

1. Members Present:

John Kalbfleisch (Chair), Kerry McGregor (Vice Chair), Yaya de Andrade, Margaret Doma, Marilyn Baker, Bob Chepyha, Steve Shuta, Meg Uttangi Mastos

2. Member Regrets:

Jill Randall

3. Others Present

Councillor Bentivegna, Mallory Greenough (Clerks), Nazia White (RCC), Christopher Bint, Chief Education Officer and Technology Coach from Tech Coaches

4. Land Acknowledgement

5. Declarations of Interest:

None.

6. Approval of Minutes:

Minutes from the meeting held January 29, 2024, were approved.

7. Delegation:

Christopher Bint, Chief Education Officer and Technology Coach from Tech Coaches provided an information session surrounding:

- How to identify and protect yourself from the most common digital hoaxes, including telephone scams and internet tricks.
- Strategies for recognizing fraudulent communications and avoiding common pitfalls.

- Topics covered: phishing emails and text messages, identity theft, and social engineering, as well as tips for keeping your personal information safe online.

Website links mentioned in the information session are provided below:

<https://antifraudcentre-centreantifraude.ca/index-eng.htm>

<https://haveibeenpwned.com/>

<https://www.scam-detector.com/validator/>

8. Regular Items:

8.1 Burlington Transit Users Forum Invitation

BSAC members are invited to attend the annual BfAST Transit Users Forum.

The Forum will be held in the centennial Room at Burlington Central Library, May 4th, 2024. Doors open 12.30 pm for Forum Starting 1.00 pm.

Topic: Speak up for better transit

8.2 Chair Update

- John let the committee know that member Dule Whale is no longer a member in the committee, recruitment for the vacant spot will occur in the fall, 2024.
- 311 will provide emergency contact vials to the committee, John will contact them to replenish BSAC's supply to hand out at events.

8.3 Staff Liaison Update

Nazia would like to let the members know that registration for Spring Programs for COB will be available on March 2nd, 2024.

8.4 Advisory Committee / Stakeholder Updates

a. Burlington Public Library (BPL)

Meg provided an update for the Burlington Public Library:

- [Community Input Session](#) – Tonight at 7pm. Our New Appleby Branch is moving to the future Robert Bateman Community Centre. This session will build on input we've received and will focus on library programming, access to space and resources, technology needs, and children and

families. 2 sessions available (one in-person and one virtual).

- [Income Tax Clinics](#) – Mondays in March and April at Central Library. Trained helpers from the Community Volunteer Income Tax Program (CVITP) complete and e-file simple tax returns while you wait. These are drop-in sessions, please come prepared to wait, especially in March. In general, your family income must be less than \$35,000 for a single person, \$45,000 for a couple, or slightly higher for a family. Excluded are returns for those who are self-employed, have a business or rental income, or are in bankruptcy.
- Starting March 4th, the library will have solar viewing glasses available first-come, first-served. Be prepared for the total solar eclipse occurring on April 8th.

- b. Burlington Integrated Transportation Advisory Committee (ITAC)
- c. Burlington Accessibility Advisory Committee (BAAC)

Jill provided an update through the Chair, John read the update to the committee:

- Port Nelson Park and Playground Renewal - Firm has been engaged to renew the park space located at 3000 Lakeshore Road. They are currently in the design stage. The design/build firm has completed 2 public engagement sessions. It is a small park designed as a natural play space for small children. Significant concerns were raised by committee members regarding accessibility issues for children with disabilities. This extends also to citizens across the age and ability spectrum. City staff will follow up directly with the project team.
- Access Now - Committee members expressed interest in promoting Access Now - CrowdSourced accessible city mapping.
- ITAC - Chair advised that committee is receiving information regarding scooter plan in Burlington. I did suggest with the chairs support, that our committee may be interested in providing feedback on the initiative (impact and plan for senior safety in rolled out

d. Older Adult Advisory Committee (OAAC) - Halton

Jill provided an update through the Chair. John read the update to the committee:

- Volunteerism Trends in Halton - There was a presentation by Community Development Halton on volunteerism trends in Halton. It was however based predominantly on 2018 Stats Canada Data and extrapolated to Halton (with some 2021 Halton specific data). The top 3 motivations for Canadians to volunteer are 1. Contribution to community 2. Use of skills and experience 3. Personally affected by cause. Most common types of volunteerism are coach/referee and healthcare. Volunteering is equally distributed across all ages groups (lowest in 75+). Baby boomers contribute most hours. iGen contributes highest number of individuals. Women volunteer more hours than men. 2022 Ontario Not for Profit Network - 67% non-profits did not have enough volunteers. Half of ONN's had to reduce programs and services due to lack of volunteers.
- Tom Carrothers has joined the committee (from Halton CARP). There are ~ 4500 members in Halton. They are happy to promote any activity or event. This has been reported as a very successful way to generate attendance/interest. Information can be forwarded to carphaltonchapter@gmail.com
- Jill followed up regarding Emergency Information Vials from Halton Region EMS. Jill was advised that we can call 311 to request more vials which can be picked up at Halton Regional Center.
- The committee has also asked for a presentation/education session regarding Scooter Safety - Might be a partnership opportunity?

e. Burlington Inclusivity Advisory Committee (BIAC)

Yaya provided an update:

- BIAC discussed unhoused people in Burlington

- Discussed terminology, “homeless” is not the preferred term as it can be dismissive of their lived reality. The preferred term is “unhoused person”
- Councillor Bentivegna and David Q the library rep shared resources that the resources that Halton region and the Library provide.
- Discussed that BIAC covers a variety of issues and should focus on reached unhoused people and their needs as well.

9. Other Business:

John discussed that the committee is signed up for breakfast at the bistro Saturday June 8th and Saturday December 14th, with the need to have 2 – 6 BSAC members volunteer because members from Halton retired teachers be assisting on June 8th as well.

- Volunteers for June 8 - Margaret, Meg, Yaya, John, Bob.
- December will be decided closer to the date.

John was gauging interest in volunteering for the Food for Feedback event. Mallory will send details when they are available.

10. Adjournment:

Chair adjourned the meeting at 11:48 a.m.